

## **THE UNIVERSALITY OF INTERNET ADDICTION AMONG 10 + 2 LEVEL OF STUDENTS IN WEST BENGAL (INDIA)**

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### **ABSTRACT**

Excessive use of the Internet is commonly termed as compulsive use of Internet or problematic Internet use which is changing human life dramatically. Excessive computer and Internet use and other regular habits such as watching YouTube, internet videos or movies, playing games are becoming responsible for unhealthy daily lifestyle.

The purpose of this study is to find out the prevalence of Internet Addiction among the 10+2 level of students and also to know the Internet Addiction level among the sample. The present researches have also tried to examine the Impacts of Internet addiction with respect to Gender.

**KEYWORDS:** Internet & Internet Addiction