

## **A BRIEF HISTORY OF ACHIEVEMENT GOALS ORIENTATIONS THEORY AND ITS DEVELOPMENT**

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### **ABSTRACT**

It is worth mentioning that research in the area of human motivation has grown rapidly in the last two decades with a special attention to the studies of achievement goal orientations (Dweck, 1986; Nicholls, 1984). Within the current research in motivation area, achievement goal orientations is definitely the most researched constructs as there has been a recent increase in achievement goal research in, social, educational, and sport psychology. Achievement goals function as a framework which enables the learners to interpret and react to events; consequently, they comprise reasons for the individuals' learning related behavior (Dweck & Leggett, 1988). Centered at the heart of self-regulated learning and motivation research, motivational achievement goal theory, proposes that certain types of goals lead to certain types of behavioral patterns (Pintrich, 2003). This paper will provide a brief history of Achievement Goals Orientations (AGOs) theory and those antecedent theories which paved the way for the emergence of AGOs.

**KEYWORDS:** A Brief History of Achievement Goals Orientations Theory, AGOs